The counsellor will provide mental health and addictions counselling, with some case management and referrals to other appropriate community and health supports. The counsellor will provide support that is culturally safe, as well as be knowledgeable on Two Spirit identities and health issues that disproportionately affect the Two Spirit community. The counsellor will work in conjunction with the Traditional Healer and the Osh-Ka-Be-Wis to provide balanced and coordinated mental health support that is informed by a harmonized model of Traditional and Western teachings.

Additional services offered:
- Traditional Counselling
- Traditional family Services
- Physicians and Nurses
- Psychiatry
- Dentistry
- Chiropractic Care
- Naturopathy
- Chiropody
- Diabetic programs and Services
- Fetal Alcohol Spectrum Disorder (FASD) – including diagnostic clinic
- Indigenous Mental Health and Addictions Services
- Physiotherapy
- Supportive Housing Program

Two Spirit and Trans* Services

Traditional and Western Circle of Care

Contact Us

ANISHNAWBE
HEALTH TORONTO

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CONTACT US
Our Program:

“For First Nations two spirits whose lives have been impacted by the Residential Schools, and other Indigenous communities who have experienced severe cultural damage from colonization, the specific two spirit traditions in their communities may have been severely damaged, fragmented, or even lost. In these cases there have been serious challenges to remembering and reviving their older traditional ways, and to overcoming the homophobia and other learned prejudices of forced assimilation.”

Cameron, Michelle. (2005)

Participants will have access to a harmonized model of Traditional and Western Circle of Care. These will include the following:

Traditional Healer
The Traditional Healer will provide teachings and knowledge sharing to help provide insight into Traditional Two Spirit and Trans* ceremonial roles and identities. The Traditional Healer will provide Traditional counselling, healing sessions, leading Ceremonies including Sweat Lodge Ceremonies, and providing teachings on Traditional identities and roles.

Traditional Helper
(Osh-Ka-Be-Wis)/Outreach/Peer Support
The Osh-Ka-Be-Wis will provide peer support, outreach, mobile intake, health promotion and traditional support to the Two Spirit and Trans* community.

Counsellor
The counsellor will provide support that is culturally safe, as well as be knowledgeable on Two Spirit identities and health issues that disproportionately affect the Two Spirit community. The counsellor will work in conjunction with the Traditional Healer and the Osh-Ka-Be-Wis to provide balanced and coordinated mental health support that is informed by a harmonized model of Traditional and Western teachings.

For more information please call 416-920-2605